

what is sport, leisure, international competition:

international competition: The 19th century saw the start of international competitions. These have continued to grow and become more popular ever since. Just about every sport is played on an international level, from football, to show jumping to chess! Here's one of the big ones:

The Olympic Games - The biggest modern day international competition. There are both summer and winter Olympics every four years

Advantages

- Prestige from hosting the games attracts trade and tourism
- The facilities which are built for use during the games can be used for the cities population for years to come
- Businesses in the city see a massive increase in trade during the games (like hotels and restaurants etc)
- The organisers can try to make a profit out of the games

Disadvantages

- It is getting really expensive to host the games a more difficult to make any profit from it
- Any problems could mean the organisers lose money rather than make it
- Security must be a top priority to prevent terrorism and hooligans disrupting the games
- A cities infrastructure (transport and communication system) must be excellent to cope with the influx of visitors

Some sports need really good (and often expensive) facilities (such as ice skating and swimming). Others don't really need any facilities (such as cross country running), although having some facilities can make these sports easier, such as changing rooms and showers etc.



<http://www.nasaswim.com/images/P1010002.jpg>

clearwater swimming pool: I was here this saturday!!

Swimming in the olympics:

Women's USA Swimming 2012 Olympic Swimming Team Trials Qualifying Times
(LCM)

- 100 Free - 57.19
- 200 Free - 2:03.29
- 400 Free - 4:19.49
- 800 Free - 8:50.59
- 100 Back - 1:04.09
- 200 Back - 2:18.09
- 100 Breast - 1:12.29
- 200 Breast - 2:36.09
- 100 Fly - 1:02.09
- 200 Fly - 2:16.59
- 200 IM - 2:19.59
- 400 IM - 4:55.99
- 50 Free- 26.39
- My time is a 27.13

what are the different strokes:

freestyle

breast stroke

back stroke

butterfly

competitive swimming attire:

a cap and goggles and bathing suits!



this!



not this!

